

9 weeks program:

Turn your FEARS into POSITIVITY and POWER!

**The VIP program includes:**

- 9 modules, one per week
- 1 extra module
- daily exercises
- 1:1 coaching with me once a week

**Aim / target:**

Shining your light, feel powerful, radiant, awake, happy and self reliable. Best ever. Accept yourself and love yourself.

**Your current situation:**

Fear of feeling unloved and worthless, feeling insecure. Feeling lonely, powerless, exhausted, drowning, invisible, misunderstood and down to tears. Facing sleepless nights filled with countless worries.

Questions which flood your mind during sleepless nights are:

Will I always be alone?

What about my job, my finances, my future?

Will I ever find love, somebody who really cares?

How do I fulfill my dream?

**First conversation with me:**

With you together we find out:

- How you are feeling,
- What is going on in your life,
- What bothers and worries you most.
- What you fear most.

**After the 9 weeks program**

- You are shining your light, feel powerful, radiant, awake, happy and self reliable.
- The best ever!
- You accept and love yourself.
- You face any situation/happening calmly, observe first what it actually is about and then take the correct steps and address them in a powerful and positive way.
- You are out of victim mode and hold the reins in your hands.

I am passionate about empowering you!

The work with me is all about YOU!

Take the first step now to YOU shining YOUR light and hold the reins in YOUR hands.

When you are ready and hear „the call“ to change your life into positivity and power and with it let go of the worries, fears, sleepless nights then take the first step now and get in contact with me for our first call free of charge!